



Human Development Center

Building capacity • Inspiring change

LASARD Project

CIR/UIR School Package: Discipline & Positive & Preventative Behavior Supports

Professional Learning Series

- Delivery of one professional training series, for up to 60 participants, per session – **Behavior Series:**
 - **Session 1 (2-hours): Behavior Basics & Preventative Strategies**– In this session, participants will be introduced to trauma and how trauma affects behavior. Participants will learn about the ABCs (antecedent, behavior, consequence) of behavior, functions of behavior, and various easy-to-implement classroom tools and strategies. Participants will create an action plan for their classroom.
 - **Session 2 (2-hours): Identifying and Teaching Replacement Behaviors** – In this session, participants will build on the knowledge of the topics discussed in session 1 to begin thinking about how to identify and teach replacement behaviors. Participants will learn about reinforcement and preference assessments and will participate in a facilitated preference assessment trial. This session wraps up with an engaging collaborative session among participants to learn about various tier two behavior interventions.
 - **Session 3 (2-hours): Dealing with Challenging Behavior** – In the final session of the Behavior Series, participants will learn about the phases of behavior and how to intervene to support the student during each phase of behavior escalation. We further explore how trauma can affect behavior and how to support those students throughout the school day. Participants will create a self-regulation tool that can be used to support students in the classroom who are experiencing interfering behavior. This session wraps up with various supports and tactics for adult-wellness and self-regulation.

Coaching

- Up to 4 follow-up coaching sessions for a teacher or educational team to coach on behavior supports and strategies. Coaching may occur at a classroom, school, or district level. The occurrence of any of the following may constitute a coaching session: preliminary meeting to identify goals and discuss strengths and challenges, classroom observation with feedback, modeling in classroom, record reviews, or collaborative meeting to problem solve. Any cancellation of a scheduled session by district/school with less than 24-hour notice may be counted as a coaching session.

Total: \$12,000 per CIR/UIR school

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