

# Red Light/Green Light Study Strategy

This strategy lets students determine what they know before a study session.

It allows students to focus on what they need to learn, thus freeing up working memory - an important executive function!



## Protocol:

- Review notes from class.
- Highlight what you know in green and what you don't know in red (pink highlighter).
- Study all red material.
- Go back and review green material.
- Switch back to red material and see what has now become green.
- Do this process until all material is green.