

Introduction to the CAC

What does the DD Act say About the Purpose of the CAC?

Advise the director

Provide guidance and feedback in the development of the 5-year plan

Each year, provide guidance and feedback on how the UCEDD is doing with their 5-year plan



What is the Basic Role of a CAC?

Advise and guide the work of the University Center for Excellence in Developmental Disabilities (UCEDD)

Help create and move toward the vision of the UCEDD

Contribute to compliance of the UCEDD with the DD Act: the function (and make up) of CACs is required by law

Serve as an informal bridge between the community and the university in our state

What are benefits of the CAC-UCEDD relationship?

The CAC is a bridge from the university and the UCEDD to the community

Participation in the CAC can be a leadership opportunity for members as disability advocates and mentors

- CACs bring together decision-makers and people with different ways of looking at issues that may not have met before
- CACs provide an opportunity for a culturally diverse forum on disability



What are the Core Functions of UCEDDs?

Conducting Interdisciplinary Training

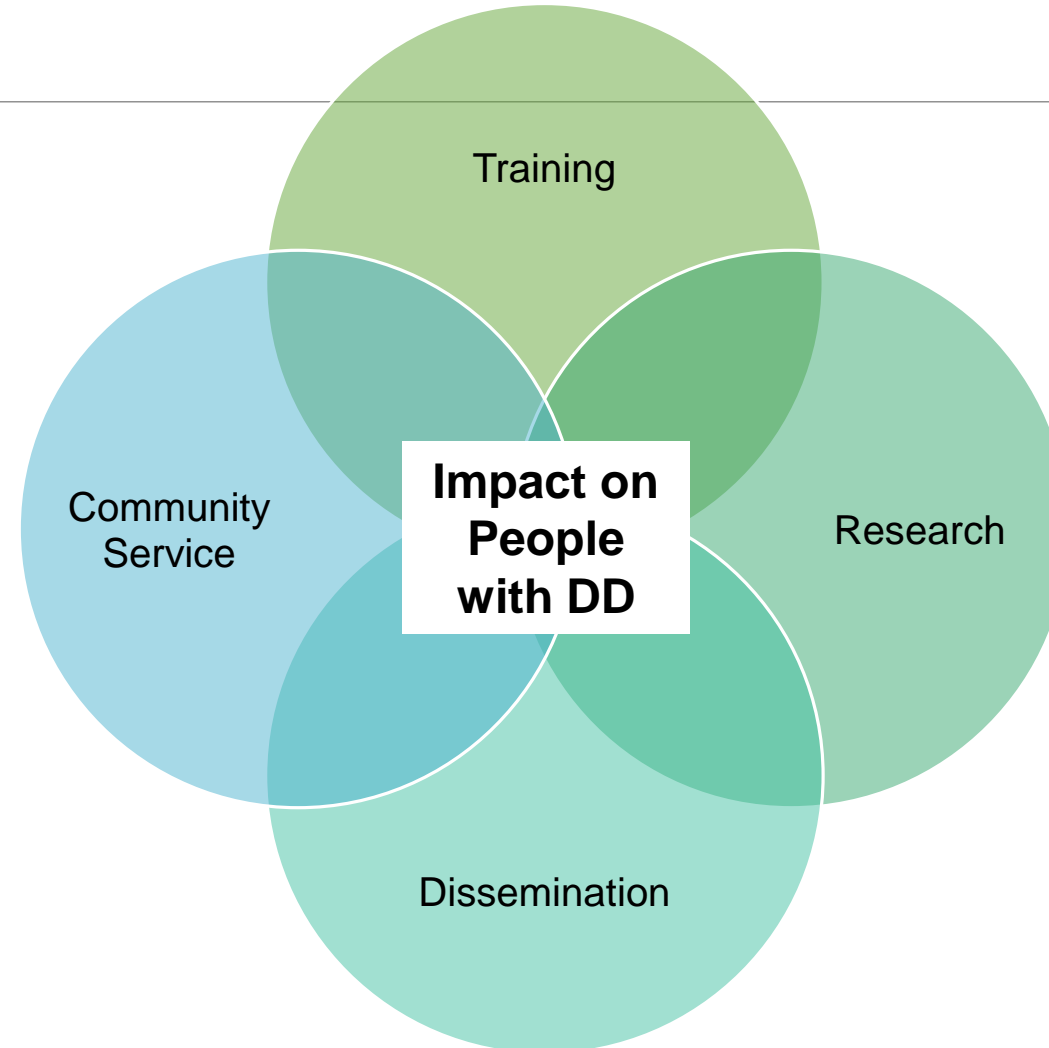
Promoting Exemplary Community Service Programs

- Technical Assistance
- Training
- Direct and Other Services

Conducting Research

Dissemination Activities

The Core Functions are the building blocks of the UCEDD



Training

What is Interdisciplinary Training?

What is an example of how the UCEDD provides this training?



Community Services

What are community services?

What are some examples of how the UCEDD promotes exemplary community service programs?

- Technical Assistance
- Training
- Service



Community Services

What are the different kinds of communities your UCEDD works with?

What is an example of how one of your projects impacted a community?



Research

What is research and evaluation?

What are examples of how the UCEDD conducts research or evaluation?



Information Dissemination

What is information dissemination?

What are examples of how the UCEDD disseminates information?



What are the Areas of Emphasis?

The DD Act establishes eight areas of emphasis for AIDD programs

The DD Act requires UCEDDs to address at least one area of emphasis



What are the Areas of Emphasis?

- Employment
- Education and Early Intervention
- Child Care
- Health
- Housing
- Transportation
- Recreation
- Quality Assurance
- Other (for emerging issues)

What areas is our UCEDD working in?

➔ Employment

➔ Child Care

Housing

Recreation

Other (for emerging issues)

➔ Education

➔ Health

Transportation

Quality Assurance

How does my role as an *Advisor* to the UCEDD fit with my role as an *Advocate*?

Advocating as an Advisor

CAC members advocate at the UCEDD, both in and out of CAC meetings

- “I know my son does not get his needs met in his IEP process: I would like to tell the UCEDD about my ideas to make the school system work better for students with disabilities.”
- “I know of community resources that could help this UCEDD project meet the needs of more people.”

The Advocacy Continuum

The many roles of a disability advocate

Typical CAC activities are shaded

CAC Advisory Capacity



2. Rally against health care cuts at state capitol



4. "I insist you include this in my person centered plan."



5. "This training would be more parent-friendly if..."



8. Help Develop Five Year Plan



1. Participate in civil disobedience



3. ADVOCATE for the needs of PWD's with your legislator



6. "My personal experience helps the UCEDD meet the needs of the community."



7. EDUCATE the community and legislators about the UCEDD's projects

What is a 5-year plan for a UCEDD?

The UCEDD's plan to address certain needs and goals over a 5 year period

The UCEDD applies to AIDD for core funding every 5 years

The core funding application to AIDD has to include a 5-year plan

What is a 5-Year Plan for a UCEDD?

The DD Act requires that the 5-year plan must:

- Identify goals for the UCEDD
- Be developed in collaboration with the CAC
- Be consistent with and compliment the goals of the DD Council and P&A
- Be reviewed each year and revised as needed

Developing a 5-year plan

The CAC is involved in developing the goals

The UCEDD engages community stakeholders, DD network partners, state agencies and the university to help them set goals for a better future for people with disabilities in their state

- Goal 1
- Goal 2
- Goal 3
- Goal 4
- Goal 5



How can we work together developing the next 5 year plan?

